

The [Orthopedic Surgery Case Reports Journal](#) publishes high-quality, peer-reviewed, open-access articles focusing on **Sports Injury Case Reports in Orthopedics**. The journal welcomes clinically relevant submissions that document acute and chronic sports-related musculoskeletal injuries affecting professional athletes, recreational players, and physically active individuals.

Sports injuries commonly involve the bones, joints, muscles, ligaments, and tendons and may occur due to trauma, overuse, improper training, or biomechanical imbalance. Case-based reporting plays a vital role in highlighting injury mechanisms, diagnostic challenges, treatment strategies, rehabilitation protocols, and return-to-sport outcomes.

Scope of the Section

This section covers a wide range of orthopedic sports injuries, including but not limited to:

- Ligament injuries of the knee, shoulder, and ankle
- Meniscal and cartilage injuries
- Muscle and tendon ruptures
- Stress fractures and acute traumatic fractures
- Shoulder instability and rotator cuff injuries
- Sports-related spinal injuries
- Overuse injuries in athletes
- Post-injury rehabilitation and functional recovery

Common Sports-Related Orthopedic Injuries

Sports injuries may result from direct trauma, repetitive micro-stress, or sudden excessive force. Frequently affected structures include the anterior cruciate ligament, menisci, rotator cuff, Achilles tendon, and ankle ligaments. Early diagnosis and appropriate management are essential to prevent long-term disability and facilitate safe return to activity.

Case reports and case series provide valuable insight into injury patterns, imaging findings, surgical and non-surgical treatment options, complications, and long-term outcomes in sports-related orthopedic conditions.

Management and Rehabilitation

Treatment of sports injuries may involve conservative management, minimally invasive procedures, or surgical intervention depending on injury severity and patient demands. Rehabilitation and return-to-sport protocols are critical components of successful outcomes. Case-based publications highlight individualized treatment plans and innovative rehabilitation strategies.

Clinical Importance of Case Reports

Case reports and case series are essential for documenting rare sports injuries, unusual mechanisms, novel surgical techniques, and rehabilitation approaches. These publications enhance clinical knowledge, improve injury prevention strategies, and support evidence-based orthopedic sports medicine practice.

Topics of Interest Include

- Sports injury case reports in orthopedics

- Ligament and tendon injury case series
- ACL, meniscus, and cartilage injury case reports
- Shoulder and ankle sports injury cases
- Stress fracture and overuse injury case reports
- Acute traumatic sports injuries
- Surgical and non-surgical management of sports injuries
- Rehabilitation and return-to-sport outcomes

Submission Categories

Case Reports

Case Series

Video Case Reports

Image Articles

Editorials

Online Submission

Authors are requested to submit their manuscripts using our Online Manuscript Submission Portal: <https://www.orthosurgerycasereports.org/submit.html> (or) may also submit via email to: editor@orthosurgerycasereports.org.