

**EUROPEAN
CURRICULUM VITAE**



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Citizenship Italian

Date of birth 25/04/1985

WORK EXPERIENCE

15/7/2019 MD at ASL Lecce, Vito Fazzi Hospital

1/04/2018 - 14/7/2019 MD at ASL Rieti , San Camillo De Lellis Hospital

july 2016 - August 2017 Orthopedic surgeon at Polyclinique Corse du Sud Porto-Vecchio

June 2015 - giugno 2016 MD at Policlinico Luigi di Liegro Private hospital at Rome

June 2012 - June 2015 medical doctor for Italian female volleyball team juniores

May 2010 – May 2015 training residence at Azienda Ospedaliera Sant' Andrea "La Sapienza di Roma . Chairman Prof. Andrea Ferretti

November 2013- Feb 2014 fellow of Bonnin M. MD al Hopital Priveé Mermoz, Lyon
(Surgical and clinical activity: TKR, THR, Ankle replacement)

Sept 2012- April 2013: fellow of Sonnery-Cottet B. MD al F.I.F.A. medical center Santy, Lyon. (Surgical, research activity in ACL, PCL,PLC, multiligament injury knee.

Nov- Dec 2005 Iresearcher at nanotechnology lab of "Department of Orthopaedic Surgery, Brigham and Women ' s Hospital , Harvard Medical School " chairman A. Bellare MD.

EDUCATION

21/05/2015: Orthopaedic thesis: “ *Lateral meniscal cysts: long-term clinical and radiological results of a partial meniscectomy and percutaneous decompressive needling-*

Thesis director: Iorio R.

Successful with First Class Honours and jury's congratulations

13/4/2015 Base course AO Trauma: Pacengo (Verona)

22/07/2009: Medicine thesis:

In-out versus out-in technique for ACL reconstruction: a prospective clinical and radiological comparison

Thesis director: Iorio R.

Successful with First Class Honours and jury's congratulations

Language competence

Mother tongue

Italian

Other languages

English

Autovalutazione

Livello europeo ()*

English

French

Comprehention				Spoken				Written	
Listening		Lecturing		Speaking interaction		Listening interaction			
	Excellent		Good		Good		Excellent		Good
	Excellent		Excellent		Excellent		Excellent		Good

SCIENTIFIC ACTIVITY

- 9-13 Mar. 2010 coauthor "The role of nanohydroxyapatite in preventing tunnel enlargement after ACL reconstruction: MRI " - AAOS 2010 Annual Meeting, New Orleans, LA.
- 10-11 April 2010 coauthor " Tunnel widening in ACL reconstruction with hamstrings: the state-of-the-art" - 19° International Congress of Sport Rehabilitation and Traumatology"
- 2-5 June 2010 author " The role of nanohydroxyapatite-based bone graft substitute in preventing tunnel enlargement after ACL reconstruction with hamstrings: MRI study" 11 E.F.O.R.T. Madrid
- 2-5 June 2010 author" Tunnel enlargement in ACL reconstruction with hamstring tendons. A CT study with two different techniques and devices" E.F.O.R.T. Madrid
- 14-19 April 2011 Author "Nanohydroxyapatite-Based Bone Graft Substitute In Tunnel Enlargement After Acl Surgery: Ct Study" - AAOS San Diego, USA,
- 14-19 April 2011 Author " Patellar Tendon Bone Autograft In ACL Surgery: Do The Bone Plugs Heal Within The Tunnels? A CT Study" – AAOS San Diego, USA,
- 10-14 Feb 2012 coauthor " Can different fixation devices affect bone tunnel widening in anterior cruciate ligament reconstruction? A CT study" - AAOS San Francisco, USA.
- "Accuracy of manual instrumentation of tibial cutting guide in total knee arthroplasty." Iorio R, Bolle G, Conteduca F, Valeo L, Conteduca J, Mazza D, Ferretti A. Knee Surg Sports Traumatol Arthrosc. 2013 Oct;21(10):2296-300.
- Coauthor "Anterior Cruciate Ligament Reconstruction: A Practical Surgical Guide" ESSKA 2014 Chapter 13-14-21.

Pubmed

publications 1

Computer-assisted surgery: a teacher of TKAs.

Iorio R, Mazza D, Bolle G, Conteduca J, Redler A, Conteduca F, Ferretti A.

Knee. 2013 Aug;20(4):232-5. doi: 10.1016/j.knee.2012.06.009. Epub 2012 Jul 18. PMID: 22819126

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Scapular body fractures: Short-term results of surgical management with extended indications.

Rollo G, Huri G, Meccariello L, Familiari F, Çetik RM, Cataldi C, Conteduca J, Giaracuni M, Bisaccia M, Longo D, Giannotti PS. Injury. 2021 Mar;52(3):481-486. doi: 10.1016/j.injury.2020.09.006. Epub 2020 Sep 14. PMID: 32951918

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Translation, cross-cultural adaptation, and validation of the Italian version of the anterior cruciate

ligament-return to sport after injury (ACL-RSI) scale and its integration into the K-STARTS test. Monaco E,

Pisanu G, Carrozzo A, Giuliani A, Conteduca J,

Oliviero M, Ceroni L, Sonnery-Cottet B, Ferretti A. J Orthop Traumatol. 2022 Feb

21;23(1):11. doi: 10.1186/s10195-021-00622-7. PMID: 35190905 Free PMC article.

Rapid chondrolysis following an unoperated lateral meniscus tear in a young professional rugby player.
Thaunat M, Archbold P, Conteduca J, Chatellard R, Sonnery-Cottet B *Orthop Traumatol Surg Res.* 2014 Jun;100(4):445-8. doi: 10.1016/j.otsr.2014.02.007. Epub 2014 Apr 24. PMID: 24768328 Free article.

In-out versus out-in technique for ACL reconstruction: a prospective clinical and radiological comparison.

Monaco E, Fabbri M, Redler A, Iorio R, Conteduca J, Argento G, Ferretti A.

J Orthop Traumatol. 2017 Dec;18(4):335-341. doi: 10.1007/s10195-017-0458-7. Epub 2017 May 8. PMID: 28484908

Free

PMC article. Clinical Trial.

Comparing hand strength and quality life of locking plate versus intramedullary k wire for transverse midshaft metacarpal fractures.

Pasquino A, Tomarchio A, De Cruto E, Conteduca J, Longo D, Russi V, Pica G, Meccariello L, Rollo G.

Med Glas (Zenica). 2021 Feb 1;18(1):316-321. doi: 10.17392/1310-21.

PMID: 33269584 Free article. 7

Lateral meniscal cysts: long-term clinical and radiological results of a partial meniscectomy and percutaneous decompressive needling.

Iorio R, Mazza D, Drogo P, Massafra C, Viglietta E, Conteduca J, Ferretti A.

Int Orthop. 2020 Mar;44(3):487-493. doi: 10.1007/s00264-019-04446-3. Epub 2019 Dec 7. PMID: 31811356

Accuracy of manual instrumentation of tibial cutting guide in total knee

arthroplasty. Iorio R, Bolle G, Conteduca F, Valeo L, Conteduca J, Mazza

D, Ferretti A.

Knee Surg Sports Traumatol Arthrosc. 2013 Oct;21(10):2296-300. doi: 10.1007/s00167-012-2005-7.

Epub 2012 Apr 24. PMID: 22527416 Clinical Trial.

Clinical and radiographic outcomes of an accelerometer-based system for the tibial resection in total

knee arthroplasty. Iorio R, Mazza D, Drogo P, Bolle G, Conteduca F, Redler A, Valeo L, Conteduca J,

Ferretti A.

Int Orthop. 2015 Mar;39(3):461-6. doi: 10.1007/s00264-014-2541-5. Epub 2014 Oct 10. PMID: 25300395

Hidden lesions of the posterior horn of the medial meniscus: a systematic arthroscopic exploration of the concealed portion of the knee.

Sonnery-Cottet B, Conteduca J, Thaumat M, Gunepin FX, Seil R.

Am J Sports Med. 2014 Apr;42(4):921-6. doi: 10.1177/0363546514522394. Epub 2014 Feb 24.

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ACL reconstruction with hamstrings: how different technique and fixation devices influence bone

tunnel enlargement. Iorio R, Di Sanzo V, Vadalà A, Conteduca J, Mazza D, Redler A, Bolle G,

Conteduca F, Ferretti A.

Eur Rev Med Pharmacol Sci. 2013 Nov;17(21):2956-61. PMID: 24254567 Free

article. Clinical Trial. 12

The arcuate ligament revisited: role of the posterolateral structures in providing static stability in the knee joint. Thaumat M, Pioger C, Chatellard R, Conteduca J, Khaleel A, Sonnery-Cottet B.

Knee Surg Sports Traumatol Arthrosc. 2014 Sep;22(9):2121-7. doi: 10.1007/s00167-013-2643-4. Epub

2013 Aug 31. PMID: 23996070

Posterolateral Bundle Reconstruction With Anteromedial Bundle Remnant Preservation in ACL Tears: Clinical and MRIEvaluation of 39 Patients With 24-Month Follow-up.
Sonnery-Cottet B, Zayni R, Conteduca J, Archbold P, Prost T, Carrillon Y, Clechet J, Thaumat M. Orthop J Sports Med. 2013Aug 28;1(3):2325967113501624. doi: 10.1177/2325967113501624. eCollection 2013 Aug.

Common inflammatory markers in the screening of knee arthroprosthesis infections. Conteduca J, Filipponi M, Pichierri P, Casto A, Meccariello L, Rollo G. Med Glas (Zenica). 2024 Feb 1;21(1):203-207. doi: 10.17392/1688-23. Online ahead of print. PMID: 38341751

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Impact of Tourniquet Type on Outcomes in ORIF of Pediatric Distal Radius Fractures. Conteduca J, Longo D, Casto A, Giannini G, Meccariello L, Rausa I, Rollo G. Med Glas (Zenica). 2025 Aug 25;22(2):339-343. doi: 10.17392/1922-22-02. PMID: 41082764

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Revision anterior cruciate ligament reconstruction in patients with high-grade anterolateral knee instability combined with modified Lemaire tenodesis using soft anchor fixation: Clinical and radiographic outcomes at two-year follow-up. Conteduca J, Carrozzo A, Giaracuni M, Pichierri P, Longo D, Rollo G. J ISAKOS. 2025 Oct;14:100938. doi: 10.1016/j.jisako.2025.100938. Epub 2025 Aug 5. PMID: 40759184 .

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Combining anterolateral ligament with anterior cruciate ligament reconstruction improves kinesiophobia and pivot shift reducing reoperation rate when stable lateral meniscal tears are left in situ. Conteduca J, Longo D, Carrozzo A, Rausa I, Giannini G, Rollo G. J ISAKOS. 2025 Oct;14:100926. doi: 10.1016/j.jisako.2025.100926. Epub 2025 Jul 10. PMID: 40651583 Free article.

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Accuracy, Efficacy and Limits of Hexapod External Fixators in the Treatment of Lower Limb Complex Deformity. Conteduca J, Sessa P, Lanzetti R, Topa D, Meccariello L, Massobrio M. Strategies Trauma Limb Reconstr. 2025 May-Aug;20(2):82-89. doi: 10.5005/jp-journals-10080-1650. Epub 2026 Jan 16. PMID: 42147769

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Psychological Factors, Central Sensitization, and Insomnia as Potential Prognostic Factors for Short-Term Pain and Disability in Patients With Frozen Shoulder: A Multicentric Prospective Single-Cohort Study. Brindisino F, Silvestri E, Fioretti A, Pulina F, Conteduca J, Navarro Ledesma S, Barbosa GM, Struyf F. Pain Res Manag. 2026;2026(1):e6298409. doi: 10.1155/prm/6298409. PMID: 41972303

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